



Teaching the Art  
of Aesthetics



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## **About AAAMS**

The American Association of Aesthetic Medicine and Surgery (AAAMS) trains physicians, registered nurses, and other practitioners in the art of aesthetics and non-invasive cosmetic surgery. The AAAMS is the only source for medical practitioners to receive formal cosmetic surgery training in aesthetic medicine and surgery.

The rapid demand and acceptance of aesthetic medical services such as dermatology and cosmetic surgery substantiate the importance of standardized aesthetic surgery training. Many untrained practitioners are performing cosmetic surgery procedures without the proper training, credentials, and experience.

The American Association of Aesthetic Medicine and Surgery (AAAMS) is committed to training medical professionals in the art of aesthetic medicine and surgery through a practical, clear-cut approach with safety in mind. AAAMS courses consist of virtual and live hands-on workshops and conferences that make up comprehensive, formal training.

### **History**

The AAAMS was developed in 2006 as a specialty board that sets aesthetic and cosmetic surgery training standards. The AAAMS serves to set aesthetic medicine and surgery education standards and to establish reconstructive and aesthetic surgery and medicine as a separate specialty in the world of medicine. Our goal is to ensure consistent excellence in aesthetic patient care across the globe.

### **Why Train With The AAAMS?**

The American Association of Aesthetic Medicine and Surgery (AAAMS) offers the most comprehensive range of aesthetic training courses. AAAMS program directors are highly-qualified, internationally renowned physicians with centuries of combined aesthetic medicine and surgery training experience. Other benefits include:

- Trained over 5,000 physicians, nurses, and practitioners since 2006
- The most comprehensive range of training courses
- Qualified physician faculty from around the world
- Courses offered in 5+ languages
- In-person courses offered in 9+ U.S. states and 16+ countries
- The AAAMS sets the international standard in aesthetic medicine and surgery training

## **AAAMS Memberships**

The AAAMS professional network is created for scholars committed to ongoing learning, professional networking, and advancing the field of aesthetic medicine. Through an AAAMS membership, you will:

- Meet professionals who share your interests, who live near you, or who practice the same specialties
- Access content and participate in discussions inaccessible to the public and non-medical professionals
- Find inspiration through thought-provoking conversations and expert perspectives
- Build a network of colleagues and friends with whom to share ideas, challenges, and stories
- Work with thousands of other medical professionals towards the shared mission of providing excellent aesthetic care to patients

### **Basic Membership: \$149/Year**

- 12-month access to the AAAMS Aesthetics Network
- AAAMS Member Certificate: valid for one year and reissued annually
- FREE access to the “Aesthetic & Medical Culture Talks” forum: Discuss recent innovations and breakthroughs
- FREE access to the “Journal Club” forum: review and discuss the latest articles in Aesthetic Medicine & Surgery selected from prominent educational publications and journals
- 10% off of a 30-minute 1-on-1 consultation with a faculty member (\$20 savings)\*

Note: Discount valid for one consultation per month

- 10% discount on Hybrid or Virtual Aesthetics 101 (AES 101) training course (\$275 savings)\*
- Discounts on select AAAMS Courses\*

Note: See individual course information for details

### **Associate Membership: \$349/Year**

- 12-month access to the AAAMS Aesthetics Network
- AAAMS Member Certificate: valid for one year and reissued annually
- FREE access to the “Aesthetic & Medical Culture Talks” forum: Discuss recent innovations and breakthroughs
- FREE access to the “Journal Club” forum: review and discuss the latest articles in Aesthetic Medicine & Surgery selected from prominent educational publications and journals
- 25% off of a 30-minute 1-on-1 consultation with an aesthetic medical professional (\$50 savings)\*

Note: Discount valid for consultation per month



- 15% discount on Hybrid or Virtual Aesthetics 101 (AES 101) training course (\$410 savings)\*
- Discounts on most AAAMS Courses\*

Note: See individual course information for details

- FREE access to the 4R's of Facial Rejuvenation (online, self-paced course) (\$115 savings)
- FREE access to "Ask the Educator" forum: members may share a clinical case and get feedback and guidance in a 1-on-1 session with faculty
- 25% discount on quarterly live clinical case presentations, demos, and discussions (hosted on Zoom)

### **Fellow Membership: \$899/Year**

- 12-month access to the AAAMS Aesthetics Network
- AAAMS Member Certificate: valid for one year and reissued annually
- FREE access to the "Aesthetic & Medical Culture Talks" forum: Discuss recent innovations and breakthroughs
- FREE access to the "Journal Club" forum: review and discuss the latest articles in Aesthetic Medicine & Surgery selected from prominent educational publications and journals
- 50% off of a 30-minute 1-on-1 consultation with an aesthetic medical professional (\$100 savings)\*

Note: Discount valid for consultation per month

- 20% discount on Hybrid or Virtual Aesthetics 101 (AES 101) training course (\$550 savings)\*
- Discounts on all AAAMS Courses\*

Note: See individual course information for details

- FREE access to the 4R's of Facial Rejuvenation (online, self-paced course) (\$115 savings)
- FREE access to "Ask the Educator" forum: members may share a clinical case and get feedback and guidance in a 1-on-1 session with faculty
- FREE access to [Introduction to Aesthetics](#) (INTRO 101) online, self-paced course (\$200 savings)
- FREE access to quarterly live clinical case presentations, demos, and discussions (hosted on Zoom)

\*available after the first month

## **Current Course Offerings (2023)**

### **Facial Aesthetics Courses**

#### **Preparatory Courses**

##### **CE-Approved Introduction to Aesthetics (INTRO 101)**

An overview and introduction to the art and science of facial aesthetics. Topics covered include facial anatomy, the aging process, and the concept of Facial BeautiΦication, with the Greek symbol Phi indicating the Golden Ratio.

Course Mode: Virtual, Self-Paced

Cost: \$200 (non-members)

CE/CME Credits: 3.5

##### **CE-Approved Botulinum Toxins (Botox) Training 101 (BTX 101)**

A comprehensive Botox training course that provides an overview and demonstration of Botox and neurotoxins. Topics include facial muscle anatomy and its relation to facial expressions, clinical assessment, and the art of botulinum toxin injections.

Course Mode: Virtual, Self-Paced

Cost: \$650 (non-members)

CE/CME Credits: 6.5

##### **CE-Approved Dermal Fillers Training 101 (DF 101)**

A comprehensive overview of the facial aging process, how to conduct facial analysis in relation to dermal fillers, and the correct injection technique for different regions of the face.

Course Mode: Virtual, Self-Paced

Cost: \$650 (non-members)

CE/CME Credits: 7

##### **CE-Approved Facial Aesthetics 101 Series (FA 101)**

Students have the option to combine the three beginner courses (INTRO 101, BTX 101, and DF 101) into one, comprehensive course: FA 101.

FA 101 is a robust aesthetics training program consisting of three subject matters for practitioners looking to gain an understanding of facial aesthetics and the different treatments in aesthetic medicine. Participants learn facial anatomy and physiognomy and receive comprehensive training in Botox and dermal fillers.

Course Mode: Virtual, Self-Paced

Cost: \$1,350 (non-members)

CE/CME Credits: 17

### Introduction to the Business of Aesthetics (BUS 101)

This online lecture is designed to introduce AAAMS members to the profitable business of facial aesthetics. This lecture covers business-related topics that are helpful to know when beginning a career in the field of aesthetic medicine.

Course Mode: Virtual, Self-Paced

Cost: \$175 (non-members)

### **Hands-On Certification Courses\***

\*Completion of Facial Aesthetics 101 is a required prerequisite

### Aesthetics 101 Hybrid (AES 101 H)

This aesthetics course is intended for practitioners with minimal to no previous experience performing aesthetic procedures that are looking to acquire the proper knowledge, skills and certification to conduct injections, including Botox and dermal fillers.

Course Mode:

- Module 1: Self-paced online Facial Aesthetics 101 Series and chemical peeling
- Module 2: Full day of live hands-on training on botulinum toxins and dermal fillers.

Cost: \$2,950 (non-members)

CE/CME Credits: 17

Certification awarded upon course completion

### Aesthetics 101 Virtual (AES 101 V)

This aesthetics course is intended for practitioners with minimal to no previous experience performing aesthetic procedures that are looking to acquire the proper knowledge, skills and certification to conduct injections, including Botox and dermal fillers.

Course Mode:

- Module 1: Self-paced online Facial Aesthetics 101 Series and chemical peeling
- Module 2: Full day of virtual hands-on training on botulinum toxins and dermal fillers.

Cost: \$2,950 (non-members)

CE/CME Credits: 17

Certification awarded upon course completion

### **Advanced Courses**

### Facial Mannequin Training Program (MANN 201)\*

Overcoming any anxiety you feel about injecting can sometimes seem challenging. But when you have a chance to first practice and perfect your injection skills on a facial mannequin, you'll soon feel comfortable and confident about treating actual patients. This is a comprehensive Botox & Dermal Fillers training course that provides an overview and demonstration of Botox and Dermal Fillers.

Course Mode: Virtual, Self-Paced

Cost: \$1,995 (non-members)

CE/CME Credits: 17

\*Completion of Facial Aesthetics 101 is a required prerequisite

### Non-Surgical Rhinoplasty Training (RNO 201)

The goal of this online program is to teach practitioners how to safely and accurately perform non-surgical rhinoplasty using dermal fillers and neurotoxins. Attendees learn the concept of non-surgical rhinoplasty, nose anatomy, danger and safe injection zones, aesthetic analysis of the nose, proper patients selection, treatment plan, dermal fillers injectable techniques, indications, contraindications, complications and how to manage these complications.

Course Mode: Virtual, Self-Paced

Cost: \$650 (non-members)

### Vector Facelift by Dermal Fillers (VF 301)

The goal of this online program is to teach students the CosmoFacelift procedure, a one-hour, natural, non-surgical facelift performed using the dermal filler RADIESSE. Additional topics covered include facial anatomy, the aging process, and the concept of Facial BeautiΦication, with the Greek symbol Phi indicating the Golden Ratio. Students are introduced to these various concepts and learn how to conduct facial vector analysis on patients. Finally, students view a demo of the CosmoFacelift performed on a live patient by faculty.

Course Mode: Virtual, Self-Paced

Cost: \$250 (non-members)

### Jawline and Chin Enhancement (JAW 301)

A proportional chin and a well-defined jawline are key components of an attractive face. The chin, jawline, and gonial angle define the lower face by visually separating the face from the neck and are responsible for shaping the lower face. These anatomical areas help frame the face and can determine how masculine or feminine your face looks. Upon completion of this course, students will understand the difference between masculine and feminine lower face measurements and how to achieve optimal results for masculine, younger feminine, & mature feminine profiles.



Course Mode: Virtual, Self-Paced  
Cost: \$1250 (non-members)

#### Forehead Contouring With Dermal Fillers (FC 301)

As we get older, the face starts to deflate due to volume loss of fat and bone. This causes the forehead to become flatter or even concave. In order to reverse this aesthetic disharmony, we can inject dermal fillers to enhance the projection and contour of the forehead to re-establish harmony. Combining dermal fillers with Botox can help smoothen the expressive lines and rejuvenate the skin texture. The goal of this online program is to teach students how to use injectables to achieve the optimal masculine and feminine forehead contour.

Course Mode: Virtual, Self-Paced  
Cost: \$250 (non-members)

### **Body Aesthetics Courses**

#### **Preparatory Course**

##### Basic Liposuction Training (LIPO 201)

LIPO 201 is a comprehensive online body aesthetics training program designed to provide members with a robust foundation for understanding tumescent liposuction and liposculpting. Dr. Assassa provides his knowledge and professional expertise with training video content that covers essential tumescent and liposculpting topics. This online liposuction training course serves as a preparation program for the hands-on training course, LIPO 301, and is designed to provide an understanding of tumescent liposuction and liposculpting on both a fundamental and introductory level.

Course Mode: Virtual, Self-Paced  
Cost: \$2,000 (non-members)

#### **Hands-On Certification Course**

##### Advanced Liposuction Training (LIPO 301)

Liposuction 301 is a three-day, small group liposuction training course on liposuction & liposculpting techniques conducted by experienced physician instructors. It is a comprehensive hands-on training course where each attendee gets a real patient to learn tumescent liposuction and liposculpting on a fundamental level. This course is intended for physicians looking to acquire the proper knowledge, skills and certification to begin performing liposuction. Attendees will get the opportunity to observe an expert and perform their own tumescent liposuction and liposculpting on two real patients.

Course Mode: Hybrid, In-Person  
Cost: \$10,000 (non-members)  
Certification awarded upon course completion

## **Program Requirements & Eligibility**

The majority of courses require participants to have a certain level of education. Those with the title of MD, DO, PA, NP, BSN, or RN are eligible for all AAAMS courses. Other practitioners are admitted on a course-by-course basis.

DDS, DMD, and BDS are eligible for all Facial Aesthetics courses. This encompasses any AAAMS course except:

- Beginner Liposuction Training (LIPO 201)
- Advanced Liposuction Training (LIPO 301)

LPN & LVNs are eligible for the following course:

- Introduction to the Business of Aesthetics (BUS 101)

Dental hygienists can perform Botox and dermal fillers in certain states. Dental hygienists are eligible for all courses except:

- Beginner Liposuction Training (LIPO 201)
- Advanced Liposuction Training (LIPO 301)

If your state does not allow dental hygienists to perform Botox or dermal fillers, dental hygienists are eligible to take the following course:

- Introduction to the Business of Aesthetics (BUS 101)

For more information and to see your state's regulations, please refer to this resource:

<https://aaams.net/botox-and-filler-training-courses-for-dental-hygienists/>

## **Credit & Certification**

All courses come with a certificate of completion. However, only Aesthetics 101 Courses (AES 101 V, AES 101 H) board-certify students to perform Botulinum toxins (Botox), dermal fillers, and chemical peels. Only Liposuction 301 (LIPO 301) certifies students to perform liposuction.

## **CME/CE Accreditation**

AAAMS students can earn up to 17 continuing medical education credits through our Oakstone Publishing course accreditation. For information about which courses offer CME credits, please visit this page: <https://aaams.net/cme-ce-accreditation/>

Thank you for reading the AAAMS Course Catalog! Contact us by phone or online with any questions.